



قوسٲ بڭسائٲ اٲي-كراڭائٲ
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Exporting Email

Microsoft Outlook for macOS

Exporting Email using Microsoft Outlook on macOS

1. Open Microsoft Outlook, select **Export** (Figure 1).

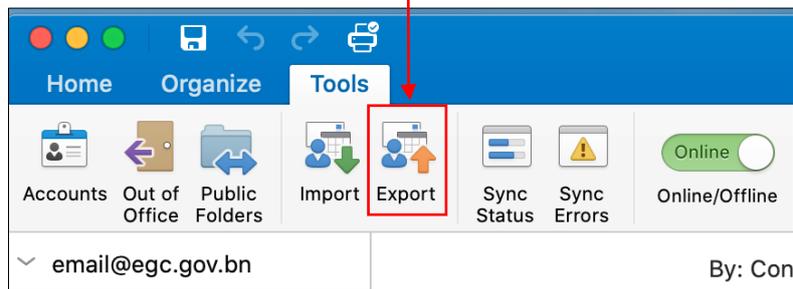


Figure 1: Select Export

2. Select the **items you want to export**, and then select **Continue** (Figure 2).

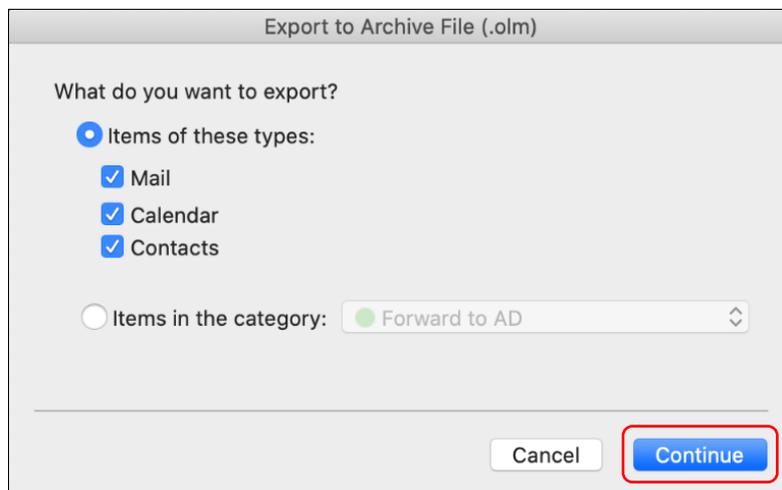


Figure 2: Select items to export

3. Enter the **name** for the archive file. select its **location**, and then select **Continue** (Figure 3).

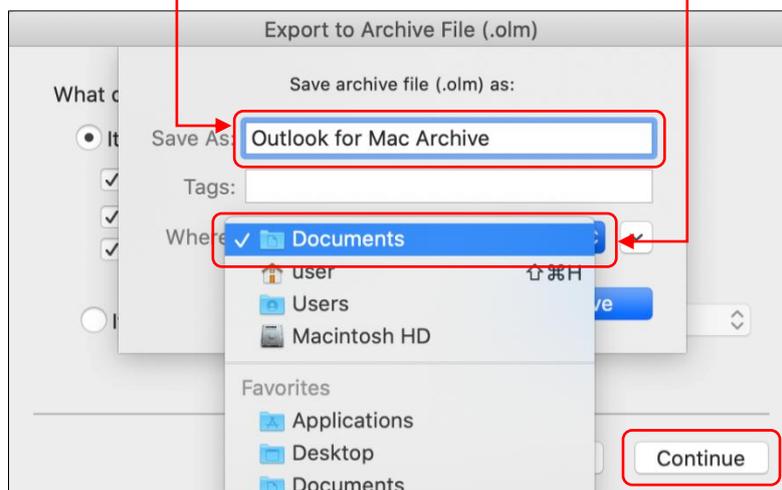


Figure 3: Enter name and location

- The dialog box below will appear to indicate that Microsoft Outlook has started exporting your emails (Figure 4). Please allow some time for the process to complete. Select **Continue** once done.

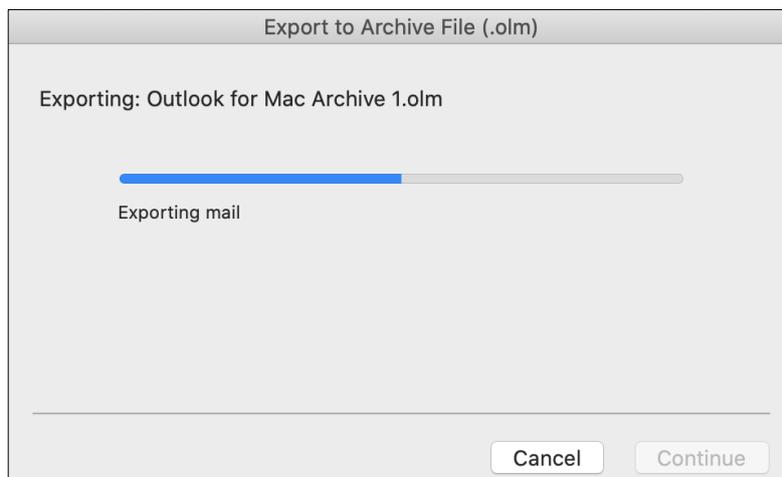


Figure 4: Exporting email indicator

- Once the files have finished exporting, select **Finish** (Figure 5).

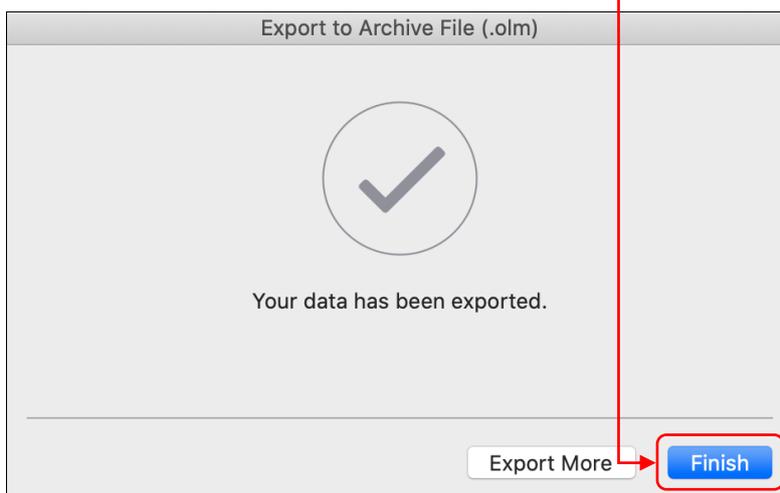


Figure 5: Select Finish

*LIMITATIONS

- ✘ Files (emails) cannot be viewed/opened in Microsoft Outlook for macOS. Users can only view the emails by importing the emails back to the mailbox.
- ✘ Files (emails) exported using Microsoft Outlook for macOS are **not compatible** when opened using Microsoft Outlook for Windows/PC. **Please convert the files to .pst** before importing it to Microsoft Outlook for Windows/PC.
- ✘ **Exporting** using Microsoft Outlook for macOS is not the same feature as **Archiving** using Microsoft Outlook for Windows. Emails that have been exported will not be automatically deleted from mailbox. Mailbox size will not be reduced.